

FERNTREE GULLY NORTH PRIMARY SCHOOL CANTEEN MENU



TERM 1, 2018

Open Wednesdays & Fridays

SANDWICHES & WRAPS (please specify)

<ul style="list-style-type: none"> ▪ White or wholemeal bread ▪ Please request if no butter ▪ Salad: tomato, cucumber, carrot & lettuce ▪ Beetroot on request 	
Vegemite	\$2.00
Cheese	\$2.00
Ham, cheese & tomato	\$3.50
Ham & salad	\$4.50
Egg & lettuce	\$3.50
Cheese & salad	\$4.00
Roast chicken, lettuce & mayonnaise	\$4.00
Roast chicken & salad	\$4.50

HOT FOOD

Party pie – Mrs Mac’s good eating	\$1.10
Sausage roll – Mrs Mac’s good eating	\$2.60
Hot dog (skinless) with sauce	\$3.00 \$3.20
Steamed dim sim (with/without soy sauce)	\$1.00
Chicken strip	\$1.00
Bacon, egg & cheese muffin	\$3.00
Homemade lasagne	\$4.00
Homemade zucchini slice	\$4.00
Homemade fried rice	\$3.50
Homemade spaghetti bolognese	\$3.50

SALAD PACKS

Italian dressing available on request	
Garden salad small <i>tomato, cucumber, carrot, lettuce</i>	\$2.50
Large salad tub <i>tomato, cucumber, carrot, lettuce, cheese, boiled egg</i> with ham, roast chicken or tuna	\$4.00 \$5.50

SNACKS

Low fat yoghurt – 200mL tub <i>berry</i>	\$1.80
Carrot sticks with tzatziki or hummus	\$0.50 \$1.50
Hard boiled egg	\$0.80
Piece of fruit <i>apple, orange or banana</i>	\$1.00
Plain popcorn	\$1.00
Homemade muffin <i>raspberry & white chocolate</i>	\$1.30
Nature Valley bar <i>crunchy oats & honey</i>	\$1.20
Homemade Milo cookie	\$1.50
Veggie chips	\$1.30
Red Rock Deli chips <i>sea salt, sweet chilli & sour cream or honey soy chicken</i>	\$1.20
Cheese & crackers	\$2.00

DRINKS

Just Juice Prima – 99% fruit juice <i>paradise punch, apple or orange</i>	\$1.50
Nippy’s low fat milk <i>chocolate or strawberry</i>	\$2.20
Up&Go <i>choc ice or vanilla ice</i>	\$2.00
Quench spring water <i>apple raspberry, lemon lime or lemonade</i>	\$2.00
Bottled water	\$1.50

DIETARY OPTIONS

GF hot dog (skinless) with sauce	\$4.00 \$4.20
GF zucchini slice	\$4.00
DF party pie	\$1.00
DF chicken nuggets	6 for \$3.00
GF & DF banana bread	\$1.60

GF = Gluten-free | DF = Dairy-free

TO ORDER:

- Write *Name, Class* and *Order* on a paper bag or envelope
- No staples
- Correct money appreciated

PLEASE NOTE:

- Tomato sauce \$0.20 extra
- Brown lunch bag \$0.10 extra