

# FERNTREE GULLY NORTH PRIMARY SCHOOL CANTEEN MENU



TERM 1, 2019

Open Wednesdays & Fridays

## SANDWICHES & WRAPS (please specify)

<ul style="list-style-type: none"> <li>▪ White or wholemeal bread</li> <li>▪ Please request if no butter</li> <li>▪ Salad: tomato, cucumber, carrot &amp; lettuce</li> <li>▪ Beetroot on request</li> </ul>	
Vegemite	\$2.00
Cheese	\$2.00
Ham, cheese & tomato	\$3.50
Ham & salad	\$4.50
Egg & lettuce	\$3.50
Cheese & salad	\$4.00
Roast chicken, lettuce & mayonnaise	\$4.00
Roast chicken & salad	\$4.50

## HOT FOOD

Party pie – Mrs Mac’s good eating	\$1.10
Sausage roll – Mrs Mac’s good eating	\$2.60
Vegetable pastie	\$4.00
Hot dog (skinless) with sauce	\$3.00 \$3.20
Steamed dim sim (with/without soy sauce)	\$1.00
Chicken strip	\$1.00
Chicken-breast nuggets (6)	\$3.50
Bacon, egg & cheese muffin	\$3.20
Nachos with sour cream	\$4.00 \$4.50
Homemade lasagne	\$4.00
Homemade zucchini slice	\$4.00
Homemade fried rice	\$4.00
Homemade spaghetti bolognese	\$4.00

## SALAD PACKS

Italian dressing available on request	
Garden salad small <i>tomato, cucumber, carrot, lettuce</i>	\$2.50
Large salad tub <i>tomato, cucumber, carrot, lettuce, cheese, boiled egg</i>	\$4.00
with ham, roast chicken or tuna	\$5.50

## SNACKS

Yoghurt cup with muesli <i>vanilla</i>	\$1.00
Carrot sticks with tzatziki or hummus	\$0.50 \$1.50
Hard boiled egg	\$0.80
Piece of fruit <i>apple, orange or banana</i>	\$1.00
Plain popcorn	\$1.00
Homemade muffin <i>raspberry &amp; white chocolate</i>	\$1.30
Homemade Milo cookie	\$1.50
Vegie chips	\$1.30
Red Rock Deli chips <i>sea salt, sweet chilli &amp; sour cream or honey soy chicken</i>	\$1.20
Cheese & crackers	\$2.00
Stringers cheese stick	\$1.00
Mamee noodle snack	\$0.80

## DRINKS

Just Juice Prima – 99% fruit juice <i>paradise punch, apple or orange</i>	\$1.50
Nippy’s low fat milk <i>chocolate or strawberry</i>	\$2.20
Up&Go <i>choc ice or vanilla ice</i>	\$2.00
Quench spring water <i>apple raspberry, lemon lime or lemonade</i>	\$2.00
Bottled water	\$1.50

## DIETARY OPTIONS

GF hot dog (skinless) with sauce	\$4.00 \$4.20
GF zucchini slice	\$4.00
DF party pie	\$1.10
DF chicken nuggets	\$3.50
GF & DF banana bread	\$1.60

GF = Gluten-free | DF = Dairy-free

### TO ORDER:

- Write *Name, Class* and *Order* on a paper bag or envelope
- No staples
- Correct money appreciated

### PLEASE NOTE:

- Tomato sauce \$0.20 extra
- Brown lunch bag \$0.10 extra